New Faculty Orientation 2024 New Guides for July 11

PIRATES ABOARD!
NEWSLETTER #6

On Location:
ECU Recreation Centers

New Faculty Check Points:
Cornerstone

Community Attractions:
Let’s talk food!

What Drives Pirate Nation:
Our People

This week’s New Guides have a lot to deliver! We'll cruise over to ECU's Rec Centers, learn about Cornerstone, take a food break (or should we say brake?), and highlight what drives Pirate Nation - our people!

- NFO 2024 Team

New Guides for July 11:

On Location - ECU Recreation Centers
At ECU, there’s no shortage of spaces for recreation and wellness. We have the Eakin Student Rec Center on the main campus, the Health Sciences Campus Rec Center, the North Rec Complex, and the Blount Rec Sports Complex all within a short distance!

Follow along with Justin Waters from the Rec Center and Sarah Williams from OFE as they take you on a ride through the ECU Rec Center located on the main campus.

The Health Sciences Campus Recreation Center has group fitness classes, cross training, intramurals, free weights, badminton courts and more! A virtual tour is available via the student center website.

If you are looking for an outdoor adventure, look no more! The North Recreational Complex (NRC) is 10 minutes from campus and has 8 multipurpose activity fields. The NRC also has 6 acres of water for boating or fishing, a sand beach, 0.5-mile walking trail, cornhole, zip lines, and a disc golf course.

The Blount Recreational Sports Complex offers several multipurpose fields, including football, soccer, and softball fields.
Learn more about memberships by visiting the Campus Recreation & Wellness Webpage.

ECU also offers services and coaching on Well-Being. Check out the Health and Well-Being website, to find access to resources for employees.

**New Faculty Check Points – Cornerstone**

Cornerstone is a training management system used for instructor-led training, online modules, and assigned training sessions. Through Cornerstone, you can access ECU-specific training, mandatory employee training, track the trainings you have attended and more. Check with your department or unit about training requirements specific to your unit.
Community Attractions – Let’s talk food!

Food is a fantastic way to discover Greenville and connect with other Pirates. Whether you’re in the mood for coffee and pastries or a fine dining experience, Greenville has something for everyone. Click on the logos to find out more about a few of the eateries around town.

What Drives Pirate Nation – Our People

The people at ECU make our university a great place to work. This week, we are highlighting the OFE Faculty Ambassadors from this past academic year.

This group includes faculty from a variety of disciplines and with diverse teaching, research, and service experience. Faculty Ambassadors partner with the OFE to provide input and feedback regarding programming facilitated by the OFE each year.
Sambuddha Banergee  
Teaching Assistant Professor  
Department of Chemistry, THCAS

Sara Bryson  
Assistant Professor  
Criminal Justice & Criminology, THCAS

Emily Brewer  
Teaching Assistant Professor  
Department of Communication Sciences & Disorders, CAHS

Lauren Turbeville  
Assistant Professor  
Department of Occupational Therapy, CAHS

Kristen Gregory  
Associate Professor  
Department of Elementary Education & Middle Grades Education, COE

Bonnie Glass  
Master Teaching Instructor  
Department of Science Education, COE

Brian Cavanaugh  
Teaching Instructor  
Department of Health Education & Promotion, HHP

Ruby Yeh  
Associate Professor  
Department of Human Development & Family Science, HHP
In the pirate ship below are words of wisdom directly from the Faculty Ambassadors. These words may help put wind in your sails for a strong Fall semester.
Directions to websites used in this newsletter:

1. ECU Rec Center - [https://crw.ecu.edu/facilities-services/student-recreation-center/](https://crw.ecu.edu/facilities-services/student-recreation-center/)
2. Health Sciences Rec Center & Tour - [https://crw.ecu.edu/facilities-services/health-sciences-complex/](https://crw.ecu.edu/facilities-services/health-sciences-complex/) ; [https://my.matterport.com/show/?m=5J3UQrEWFrA](https://my.matterport.com/show/?m=5J3UQrEWFrA)
5. Health and Well-being - [https://well-being.ecu.edu/](https://well-being.ecu.edu/)
6. Recreation & Wellness Memberships - [https://crw.ecu.edu/non-student-memberships/](https://crw.ecu.edu/non-student-memberships/)

As a reminder, you can visit the [NFO 2024 Road to ECU website](https://crw.ecu.edu/facilities-services/student-recreation-center/) to view the New Guides released each week as well as access previously released content.

**REDUCED SPEED AHEAD**: If you haven’t already, please complete the [NFO 2024 Survey](https://well-being.ecu.edu/).

Please reach out if you have any questions by replying to this email or emailing ofe@ecu.edu. Stay tuned for next week’s new guides.
-The New Faculty Orientation (NFO) 2024 Team!